



Metric units of length, weight and capacity

Grade 4 Measurement Worksheet

Convert to the units shown:

1. 2.4 L = _____ mL
2. 0.44 kg = _____ g
3. 14 km = _____ m
4. 64 kg = _____ g
5. 55 L = _____ mL
6. 8.7 km = _____ m
7. 1.5 L = _____ mL
8. 67 km = _____ m
9. 0.17 km = _____ m
10. 40 L = _____ mL
11. 4.4 L = _____ mL
12. 58 km = _____ mm

Convert to the units shown:

13. 90.00 cm = _____ m
14. 500.0 mL = _____ L
15. 60.00 mL = _____ L
16. 9,000 m = _____ km
17. 300.0 g = _____ kg
18. 10.00 mL = _____ L
19. 40.00 g = _____ kg
20. 40.00 m = _____ km
21. 90.00 mm = _____ km
22. 5,000 mm = _____ m
23. 80.00 m = _____ km
24. 4,000 mL = _____ L



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Convert to the units shown:

1. 2.4 L = 2,400 mL
2. 0.44 kg = 440 g
3. 14 km = 14,000 m
4. 64 kg = 64,000 g
5. 55 L = 55,000 mL
6. 8.7 km = 8,700 m
7. 1.5 L = 1,500 mL
8. 67 km = 67,000 m
9. 0.17 km = 170 m
10. 40 L = 40,000 mL
11. 4.4 L = 4,400 mL
12. 58 km = 58,000,000 mm

Convert to the units shown:

13. 90.00 cm = 0.9 m
14. 500.0 mL = 0.5 L
15. 60.00 mL = 0.06 L
16. 9,000 m = 9 km
17. 300.0 g = 0.3 kg
18. 10.00 mL = 0.01 L
19. 40.00 g = 0.04 kg
20. 40.00 m = 0.04 km
21. 90.00 mm = 0.00009 km
22. 5,000 mm = 5 m
23. 80.00 m = 0.08 km
24. 4,000 mL = 4 L