



Counting practice 1 to 30

Grade 1 Counting Worksheet

1. Count from 1 to 30

1									
									30

2. Count backwards from 30 to 1

30									
									1



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1. Count from 1 to 30

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30

2. Count backwards from 30 to 1

30	29	28	27	26	25	24	23	22	21
20	19	18	17	16	15	14	13	12	11
10	9	8	7	6	5	4	3	2	1